



CHECKLIST FOR EASI EXERCISE

Go through these points for each one in turn.
You have plenty of time.

Your task now is to discuss several points related to your own EASI result with your group. Therefore, bring out your report for this exercise. Remember, there are no right or wrong personality types; everyone is different. There are only different strengths and pitfalls. For development, it is essential to reflect on your own behaviors and understand the impact they may have on others. How are you, and how do you act? Of course, people are "more" than what is in the report, but behavior is often what others notice about you and is something you may have the opportunity to adjust over time if needed. Establish an order in the group where you discuss these points for each person one by one. You have plenty of time.

POINTS FOR DISCUSSION - USE YOUR OWN REPORT AS A BASIS

Your EASI Profile

Share with the others in your group about your primary behavior style from page 4. What do you agree with, and what do you not agree with? Feel free to describe with examples.

Reflection from Others

Allow the others to reflect on your personality type and how they generally perceive people similar to you or with the same behavioral traits. Ask what they appreciate and what might occasionally bother them.

Your Strengths

Based on your EASI profile, which strengths on page 6 do you feel you have? Describe with examples if possible.

Reflection from Others

Let the others reflect on your strengths.
What advantages do these strengths bring?

Your Pitfalls

Based on your EASI profile, which pitfalls on page 6 do you feel you have? Describe with examples if possible.

Reflection from Others

Allow the others to reflect on your pitfalls. Ask them to consider ways to avoid these pitfalls. Discuss and reflect on their responses.

Your Communication Style

Describe your communication style to the others, in your own words if possible. How do you think others perceive it? When does it work well, and when does it work less well? Refer to page 7 of the report for ideas.

Reflection from Others

Let the others reflect on your communication style. What are the advantages and disadvantages? How might colleagues perceive your communication style?

Your Development

Is there something in the development catalogue on page 14 of the report that you would like to do more of?



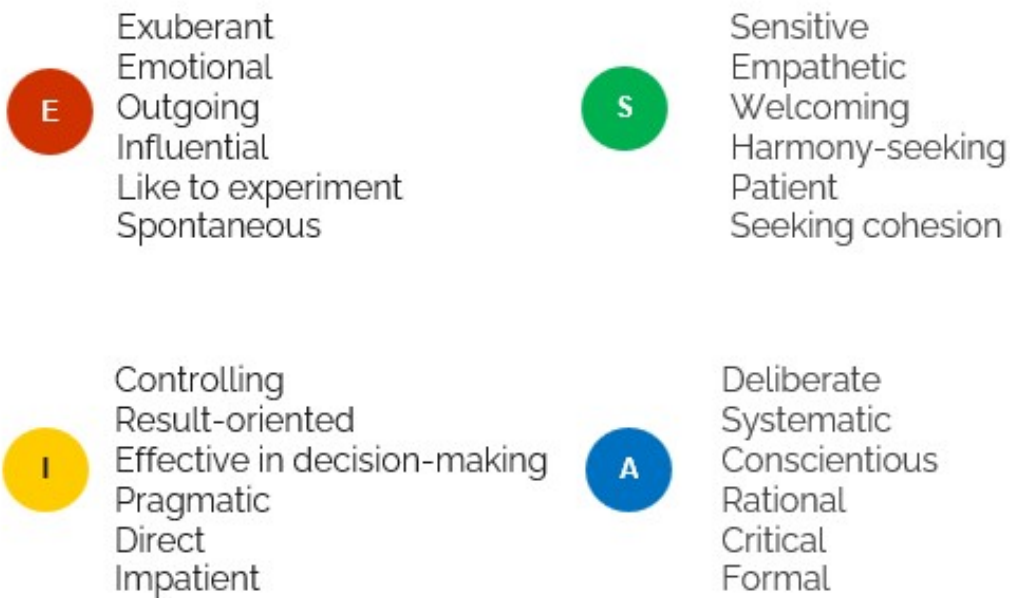
OWN NOTES FROM EASI EXERCISE



EASI MODEL PERSONALITY TYPES

Overview of the behaviors and communication styles that characterize each personality type

EASI BEHAVIOR



EASI COMMUNICATION

what are we talking about?



how do we say things?

